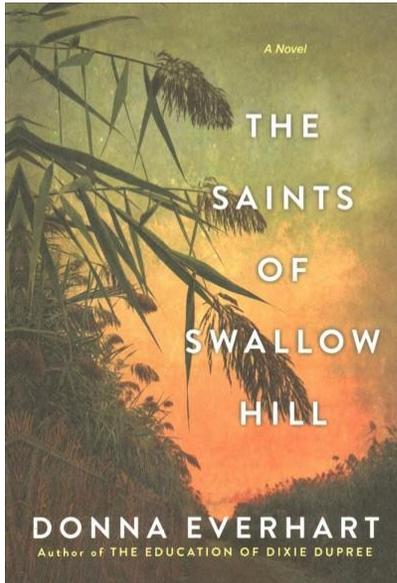


Adult Fiction

Find monthly adult fiction titles that our librarians recommend for discussion:



The Saints of Swallow Hill

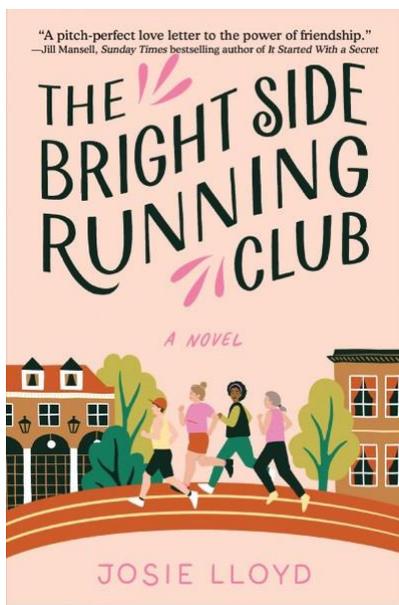
Donna Everhart

In Georgia's Swallow Hill turpentine camp in 1932, Rae Lynn Cobb, disguised as a man, hides out from those who would wrongly accuse her for murdering her husband and struggles to survive harsh, brutal conditions with the help of two individuals with their own tragic pasts.

Subjects: Georgie, Labor camps, Depressions

Page count: 372

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).



The Bright Side Running Club

Josie Lloyd

When Keira first receives her breast cancer diagnosis, she never expects to end up joining a running group with three women she's only just met. Cancer is not her club. And yet it's running—hot, sweaty, lycra-clad running in the company of brilliant, funny women all going through treatment—that gives Keira the hope she needs.

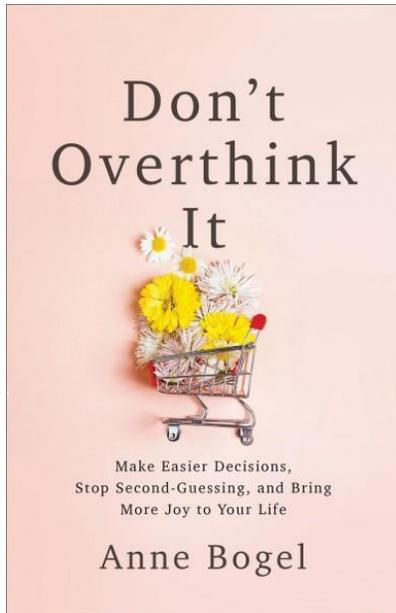
Subjects: Female friendship, Cancer, Runners

Page count: 341

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).

Adult Non-fiction

Find monthly adult non-fiction titles that our librarians recommend for discussion:



Don't Overthink It: Make Easier Decisions, Stop Second-Guessing, and Bring More Joy to Your Life

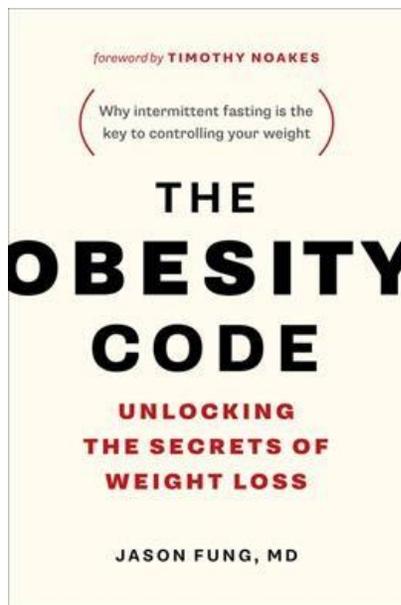
Anne Bogel

Popular blogger offers readers strategies to avoid negative thought patterns, streamline decisions they're often prone to overthink, and proactively bring more peace, joy, and love into their lives.

Subjects: Thought and thinking, Decision making, Choice

Page count: 217

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).



The Obesity Code: Unlocking the Secrets of Weight Loss

Jason Fung

In this highly readable and provocative book, Dr. Jason Fung sets out an original, robust theory of obesity that provides startling insights into proper nutrition. Flying in the face of the weight-loss recommendations that have failed in the past, this book reveals that obesity is a hormonal, not a caloric imbalance.

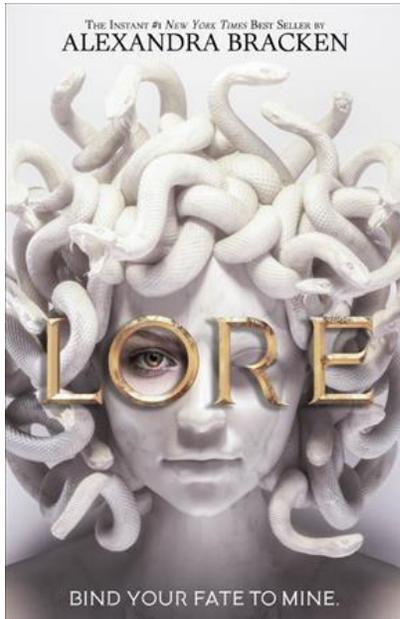
Subjects: Weight loss, Fasting, Reducing diets

Page count: 315

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).

YA Books

Find monthly teen-friendly titles that our librarians recommend for discussion:



Lore

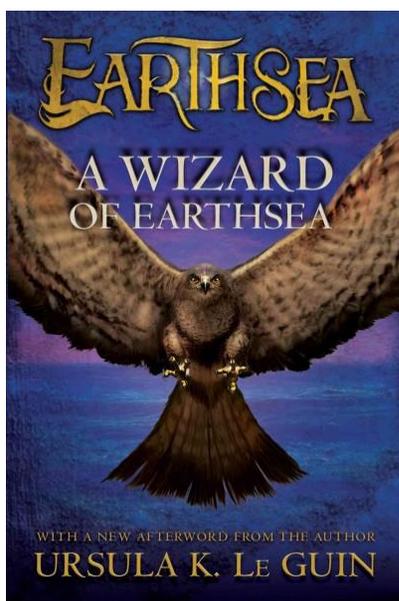
Alexandra Bracken

Every seven years there is a hunt offering mortal descendants of gods the opportunity to claim their divinity by killing any of nine immortals made mortal for one night. Lore Perseus has no desire to participate in the Agon, embittered because her family was killed by a rival who then ascended to godhood. But soon Lore overlooks the steep cost in exchange for vengeance.

Subjects: Greek mythology, Clans, Vendetta

Page count: 466

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).



A Wizard of Earthsea

Ursula K. Le Guin

Ged was the greatest sorcerer in all Earthsea, but once he was called Sparrowhawk, a reckless youth who tampered with long-held secrets and loosed a terrible shadow upon the world. This is the tale of how he mastered the mighty words of power, tamed an ancient dragon, and crossed death's threshold to restore the balance.

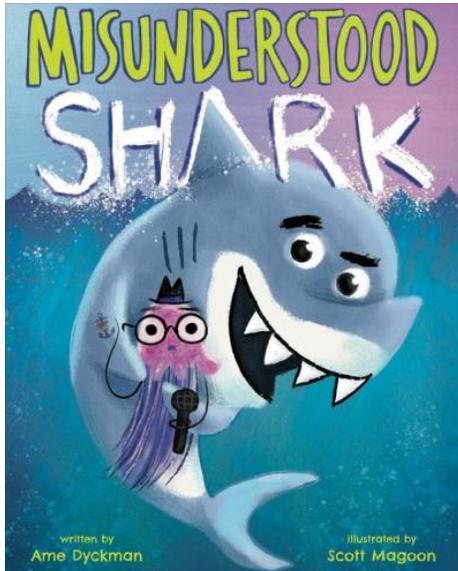
Subjects: Magic, Wizards, Dragons

Page Count: 224

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).

Children Books

Find monthly child-friendly titles that our librarians recommend for discussion:



Misunderstood Shark: Starring Shark!

Ame Dyckman

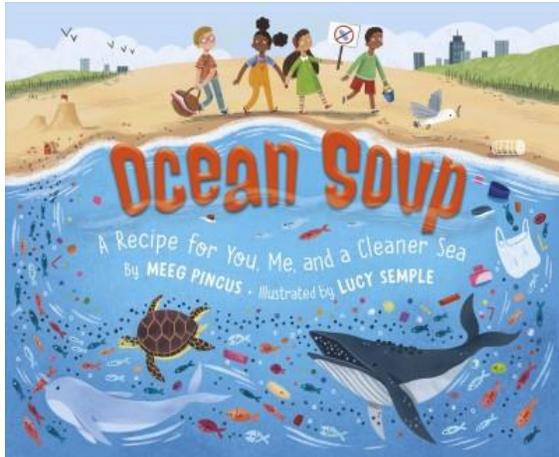
Shark interrupts the filming of Underwater World with Bob, scattering the other creatures (and the audience), but he claims it is all a terrible misunderstanding—that he would never think of eating the fish, the squid, the audience...or Bob.

Page count: 48

Lexile: 500

AR: 2.4

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).



Ocean Soup: A Recipe for You, Me, and a Cleaner Sea

Meeg Pincus

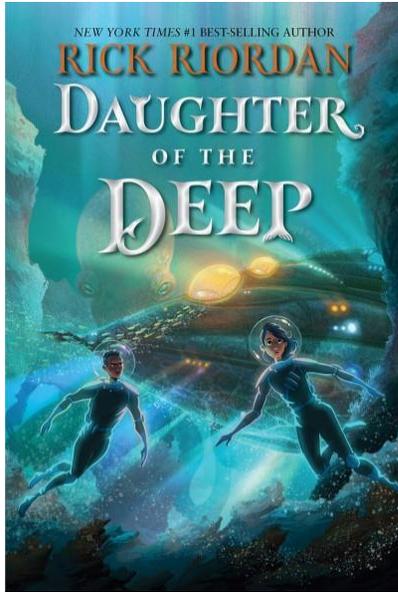
Our oceans are filled with plastics, but who exactly cooked up this soup? And, more importantly, what is the recipe for getting our oceans clean?

Page count: 32

Lexile: 840

AR: Unavailable

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).



Daughter of the Deep

Rick Riordan

In this story inspired by Jules Verne's "20,000 Leagues Under the Sea," Ana Dakkar, a freshman at Harding-Pencroft Academy, makes astounding discoveries about her heritage and puts her leadership skills to the test against enemies from a rival school.

Page count: 352

Lexile: Unavailable

AR: 5.2

Find this book on [CountyCat](#) and [Hoopla](#). Find the reading guide [here](#).